

Boomerang Befriending



Volunteers Required Now

Have fun, meet new people and make a **real difference** by becoming a volunteer Befriender for an elderly person within your community. If you have 1 or 2 hours a week to spare to volunteer then you can help to change someone's life

Boomerang Befriending Project

Boomerang recognises that many elderly adults feel lonely and isolated so developed the Befriending project to reach people who would most benefit from this type of service by training local volunteers to become Befrienders.

Boomerang Befriending service is funded by the Big Lottery Fund to:

- Increase the feeling of wellbeing in elderly residents
- Develop a more positive lifestyle for the service user.
- Reduce social isolation.

What is a Befriender?

A Befriender is a trained volunteer who would visit you on a one to one basis in your own house.

Befrienders provide friendship, can read to you , play games, chat and listen or help you to get out and about in your local community.

If you think you would like a Befriender, or know someone who would benefit, please call the project on (01382) 455656 for more information.

The project has in place stringent policies and procedures to provide a professional, safe service for all involved